

## Disclaimer

Date 23/12/2025

Full name Brenden Teixeira

Date of birth (dd/mm/year): 18/07/2012

NIF: 288291131

Email: brenden.teixeira@gmail.com

Phone number: +351931873059

Gender Male

With my signature, I confirm that I agree with:

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- Not to be the bearer of any contraindications for the practice of physical activities, in accordance with paragraph 2 of article 40, of the [Basic Law on Physical Activity and Sport](#), approved by Decree-Law No. 5/2007, of 16 January.

User Signature



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