

## Disclaimer

Date 15/03/2026

Full name Pavel Lisovsky

Date of birth (dd/mm/year): 20/03/1988

NIF: 000000000

Email: lisovskypavel@gmail.com

Phone number: +330663094469

Gender Male

With my signature, I confirm that I agree with:

- [Terms and conditions](#)
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- Not to be the bearer of any contraindications for the practice of physical activities, in accordance with paragraph 2 of article 40, of the [Basic Law on Physical Activity and Sport](#), approved by Decree-Law No. 5/2007, of 16 January.

User Signature

