

ACTIVITIES: This agreement applies to facilities operated by São Rock Escalada Indoor, which includes but is not limited to the following activities: use of climbing walls, training area and fitness equipment including weights and other equipments, participation in activities and events including demonstrations, parties, workshops, training classes, yoga and other fitness classes, use of the parking and terrace area, rental, loan or purchase of material sold by São Rock Escalada Indoor and other activities and use of São Rock Escalada Indoor facilities ("São Rock Activity").

RISKS: I recognize and understand that there are risks and dangers in São Rock Activities, inherent and otherwise and, that participation can result in all types of injuries, including serious injuries or death. The risks involved in São Rock Activities include, but are not limited to: falling, collision with objects, people and structures, falling onto uneven surfaces, worn or hard landing surfaces; risks identified by São Rock Escalada Indoor through rules and warnings, whether communicated in written, verbal or otherwise; being hit by other visitors or objects; loose or broken climbing holds; the aggravation of pre-existing conditions; equipment failure even with proper handling; the conduct, including negligent conduct of other visitors, participants, staff, volunteers and others; injuries due to weather, plants or wildlife; exposure to possible pathogenic and contagious diseases; risks when traveling to São Rock facilities; movement in the area around the rooms and terrace; and other predictable and unpredictable risks. I accept that these and other risks are inherent to a visit to São Rock Escalada Indoor facilities or a São Rock Activity, that is, they cannot be eliminated without changing the nature of the visit and participation in São Rock Activity. Participation in a São Rock Activity is voluntary and visitors can leave at any time.

WAIVER, RELEASE OF LIABILITY AND INDEMNITY: I, an adult visitor, or parent or guardian of a participant who is a minor (for myself and, to the extent permitted by law, on behalf of the minor) agree not to sue, and to release, discharge and hold harmless São Rock Escalada Indoor, lessees and owners of the properties where a São Rock Activity is carried out and their respective members, owners, officers, managers, directors and staff ("Released Group"), and to waive any right, with respect to damages, claims, liability or causes of action related to my or the minor's visit to São Rock Escalada Indoor or São Rock Activities and use of their respective equipment. This waiver, release and indemnity agreement includes without limitation claims arising out of or relating to the negligence or strict liability of the Released Group.

This release of liability and assumption of risk agreement serves to inform the entity São Rock Escalada Indoor that:

1. I, or the minor visitor, declare that I am physically fit and that I am not aware of any physical or mental health problem or medical condition that would prevent me from participating in a São Rock Activity. I declare that I have adequate insurance or the financial capacity to, if necessary, cover any expenses associated with an injury or damage that I may suffer while participating in a São Rock Activity.
2. I understand that I am responsible for my belongings, and that of the minor visitor, and I understand that São Rock Escalada Indoor is not liable for any loss or theft of equipment or personal items that were brought to São Rock Escalada Indoor facilities or a São Rock Activity.

3. I understand that, in order to participate in a São Rock Activity, for myself or for the minor visitor of whom I am a parent or legal guardian, I need to complete any instructional program or guidelines given by São Rock Escalada Indoor for the required activity; I, or the minor visitor, need to read and comply to all rules, warnings and regulations of São Rock Escalada Indoor. São Rock Escalada Indoor has no obligation to monitor my visit to São Rock Escalada Indoor facilities whether or not I participate in a São Rock Activity.

4. I acknowledge that: climbing involves risks, fatal accidents, serious injuries and loss of property. I recognize that the risks inherent to the activities include: falls, equipment failures, decision errors, lack of attention, holds damaged by other climbers, among others. I understand that São Rock Escalada Indoor uses guidelines, reviews, tests and rules to minimize potential unsafe actions by visitors and in no way certifies a visitor's ability. It is the responsibility of all participants to assess their own ability to ensure their own safety and the safety of other participants.

5. I agree to comply to the rules, guidelines and protocols to participate in a São Rock Activity and the operating rules of São Rock Escalada Indoor and accept any observation or recommendation from the São Rock Escalada Indoor staff.

6. I allow São Rock Escalada Indoor to seek emergency medical services if I suffer any injury or accident during a São Rock Activity.

7. I acknowledge that any and all accidents caused by non-compliance with the rules, as well as pre-existing injuries, are outside the scope of the insurance contracted by São Rock Escalada Indoor;

8. I agree to pay attention to the condition of any and all equipment and notify the responsible staff of São Rock Escalada Indoor if I cause or observe any damage to them;

AFTER READING AND UNDERSTANDING THIS AGREEMENT, AS WELL AS THE GUIDELINES FOR USING THE SPACE, I AGREE TO THE ABOVE CLAUSES BY MY SIGNATURE BELOW, WHICH I DO OF FREE WILL AND WITHOUT ANY COERCION ON TODAY'S DATE.

I voluntarily leave my data assuming them as well as my signature agreeing and ensuring their truth.

Name: Paweł

Surname: Podsiadły

Birthdate: 17.08.2002

Phone: +351665152201

Email: pawel081787@gmail.com

I agree to receive marketing emails ☒

I agree that my photos, or those of my children,
taken at São Rock facilities may eventually be used for commercial purposes (social media). ☒

Singnature: 

14.03.2026